



Registered Charity No.1145266



Expanding Horizons 2026

GoStart Community Transport warmly welcome seniors to join a series of Sunday outings designed with your comfort and enjoyment in mind. Our accessible transport service will collect you from convenient local pick-up points and take you to a variety of wonderful destinations, including shopping centres, seaside resorts, cultural events, and beautiful gardens. Each trip offers new experiences, the chance to make friends, and to be part of a supportive community. Whether you're looking to explore, relax, or enjoy good company, there is something for everyone.

You can register your interest online, call us on **01787 242116**, or email office@gostart.org.uk. As GoStart is powered by volunteers, we will confirm your place, pick-up location, and fare 7–14 days prior to the event.

To book your Horizon Trip please call 01787 242116

GoStart also offer a range of accessible transport services, including Dial-a-Ride, transport for medical appointments, shopping trips, hairdressing appointments, and organised outings for both educational and social purposes. We work in partnership with various voluntary and non-profit organisations in the Sudbury area. If there is a specific destination, event, or activity you are interested in, please do not hesitate to speak to GoStart bookings.

**01787 242116 Monday to Friday,
09:00 to 16:00.**

**Unit 6, South Suffolk Business Centre
Alexandra Road, Sudbury
Suffolk. CO10 2ZX
www.gostart.org.uk
office@gostart.org.uk**

Braintree Village Shopping (Freeport)

12th April 2026 11.00am – 3.30pm

Return Journey £7

www.braintree-village.com/

www.cineworld.co.uk/cinemas/braintree

If you haven't experienced the magic of Braintree Village yet, you've been missing out!

The picturesque shopping centre is easily accessible and offers retail therapy, dining, and a leisure experience away from the hustle and bustle of city life. Numerous designer and high-street brands are offering potential savings of up to 60%. Alternatively, there are restaurants, coffee shops, and an adjacent cinema, bowling alley and leisure centre, making it a fun day out.

Hadleigh Show Saturday

16th May 2026 10.30am – 3.00pm

Entrance Fee £15.50 Return Journey £7

www.hadleighshow.co.uk/

Get ready for a day packed with discovery, entertainment, and community spirit as the Hadleigh Show returns for its remarkable 187th year. A classic country show with livestock competitions, heavy horses, donkeys, show jumping, dog shows, vintage tractors, trade stands, food stalls, and an art and horticulture exhibition. Immerse yourself in the action with four bustling rings featuring demonstrations, competitions, and live performances. Sample the delicious local food and treats from a tempting array of stalls. Explore hands-on activities and unique shopping opportunities. There's something to delight every visitor.

Clacton On Sea

7th June 2026 11.00am – 3.30pm

Return Journey £7

Clacton Shopping Village

Clacton Seafront and Garden Walk

Discover Clacton's perfect blend of retail therapy and seaside adventure. Start your morning at Clacton Shopping Village, browsing favourite high-street brands and unique independent boutiques. After shopping, head to Clacton Beach to relax on golden sands and soak up the invigorating sea air.

Round off your day at Clacton Pier, where year-round attractions and family fun await.

Museum of Food/ Food and Drink Festival, Stowmarket

5th July 2026 11.00am – 3.30pm

Entrance fee £15 Return Journey £7

The Food Museum | The UK's Only Museum Dedicated to Food | Stowmarket, Suffolk

The Museum of Food, formerly known as the Museum of East Anglian Life, has many attractions, including a medieval barn, watermill, and walled garden. Visitors can view historic carts, steam engines, milk floats, and various farm animals. A charming new bridge leads to the Fishing Lodge, where afternoon tea is served in a lovely setting. After touring the museum, enjoy the lively Food and Drink Festival in Stowmarket, highlighting local and regional produce. Chefs demonstrate their culinary skills at the Kitchen Theatre, preparing delicious dishes with seasonal ingredients.

Abbey Gardens Bury St Edmunds

16th August 2026 10.30am – 3.30pm

Return Journey £7

Abbey Gardens

A tranquil setting in the town centre, ideal for relaxation and people-watching. Enjoy the serenity of the gardens, admire the small aviary with a variety of birds, or play crazy golf. Explore the historic Abbey, once among the richest Benedictine monasteries in England. There are various shops and museums nearby, or you can indulge in traditional Afternoon Tea at a choice of tea shops.

Tiptree Jam Factory & St Michael's & All Angels Church,

13th September 2026 10.30am – 3.30pm

Return Journey £7

Tiptree Jam Museum

Copford Church

Day begins at St Michael and All Angels Church in Copford, a Norman church dating back to 1130 AD, renowned for its remarkable medieval wall paintings, skilfully restored in the twentieth century.

Next, stop at Wilkin & Sons, home of the famous Tiptree preserves since 1885. Visit the charming

Tiptree Jam Museum, filled with vintage machinery, fascinating photographs, and documents that tell the story of jam-making through the ages. Relax in the cosy Tea Room, where you can enjoy freshly baked scones, cakes, sandwiches, and a traditional afternoon tea. This outing offers a delightful blend of heritage, discovery, and indulgence, perfect for those who appreciate history, craftsmanship, and a good cup of tea.

Harwich Shanty Festival

11th October 2026 11.00am – 3.30pm

Return Journey £7

Harwich International Shanty Festival

The festival features a variety of shanty performances, workshops, and pub sessions. The old town of Harwich will be filled with songs, music, and entertainment, all with a nautical flavour befitting the maritime heritage of the historic seaport town. Streets come alive with performances, naval demonstrations, pirate-themed activities, barge tours, guided walks, and informative talks.

Scotsdales Garden Centre

8th November 2026 11.00am – 3.30pm

Return Journey £7

Great Shelford - Scottdales

Scotsdales offer a full range of services, huge plant selection, shrubs, trees, houseplants, veggies, roses, even bonsai and cacti. Plus, garden furniture, barbecues, tools, gifts, books, and pet supplies. There is a vast gifting area, a food hall, and children's toys and games. It's ideal for some early Christmas shopping. The Sunflower Café provides a varied menu to suit many tastes.

Turner Rise Shopping Complex

6th December 2026 10.30am – 2.00pm

Return Journey £7

Turner Rise Retail Park

Turner Rise Retail Park is a popular shopping location in Colchester. It is home to many shops, e.g. Dunelm, Home Bargains, Go Outdoors, and Asda. You can browse at leisure or pause for a coffee or lunch at the many Cafes. It is the perfect opportunity to do Christmas Shopping.